Uses and Abuses of Mobile Phones

**Introduction** -Now a day Mobile Phones have become a basic need for us. So Mobile phones have completely changed the lives of humans for many years. Mobiles have become widespread all over the world. With the invention of the mobile phone, the writing of letters has become a history. In addition, mobile phones also play an anti-social role in mankind. It depends on the use of it. In summary, we can say that mobile phones have their uses and misuses that depend entirely on the user.

**Uses of Mobile phones** – There are lots of uses of mobile phones. Mobile phones are an integral part of our daily communications. All mobile phones have the ability to voice and simple text messaging services. Their small size, relatively low cost, and many uses make these devices very valuable to advocates who are increasingly using them for communication and organization. On the other hand mobile phones especially smartphones are used to watch movies, play games, listening to music or to browse the internet as well.

**Abuses of mobile phones** – On the other hand, there are some disadvantages of mobile phones as well. The teenagers or students are greatly influenced by the evil side of mobile phones. Instead of using the mobile phone for their benefits some students or teenagers are seen wasting their valuable time indulging in listening to songs, playing online games, spending hours after hours in social networking sites, sending offensive messages, watching pornographic videos etc. Again some physician claims that excessive use of mobile phones can be health hazardous.

**Conclusion**– the Mobile phone is the most popular and useful gadget in present time. Though there are a few disadvantages of mobile phones, we cannot deny the usefulness or necessity of mobile phones in our day to day life.